1-DAY TRAVEL GUIDE

Itoshima Day Trip from Fukuoka Itinerary

A one-day Itoshima itinerary from Fukuoka with Sakurai Shrine, coastal scenery, local food, strawberry picking, Keya no Oto, Totoro Forest and Shiraito Falls.



AT A GLANCE

Day One

01 **Itoshima Day Trip: Couple Stones, Keya & Shiraito Falls**

Ito Sai Sai Farmers Market / Shiraito Falls / Itoshima Berry Farm

SAKURAI-FUTAMIGAURA - KEYA - SHIRAITO

Day One: Itoshima Day Trip: Couple Stones, Keya & Shiraito Falls

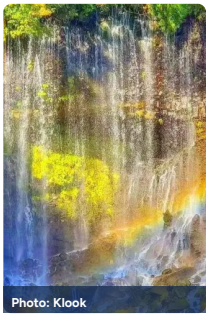

Photo: Klook

STOP 1 / 9:00 AM

Ito Sai Sai Farmers Market

A huge farmers market showcasing what Itoshima grows, catches, and makes It is one of the easiest places to taste the peninsula in one stop!

BOOK THIS STOP >


Photo: Klook

STOP 2 / 10:30 AM

Shiraito Falls

A 24-meter waterfall fanning across dark rock in delicate white streams Look for seasonal fishing and flowing somen!

BOOK THIS STOP >


Photo: Viator

STOP 3 / 12:30 PM

Itoshima Berry Farm

A 40 minute all you can eat greenhouse experience where you can taste ripe strawberries straight from the plants Compare several varieties, including Fukuoka's juicy Amaou berries

BOOK THIS STOP >



STOP 4 / 3:00 PM

Keya no Oto

Japan's largest basalt sea cave-64 m high and 90 m deep. The best view is from the roughly 25-minute sightseeing boat, which can enter the cave when sea conditions allow

BOOK THIS STOP >


Photo: Klook

STOP 5 / 4:30 PM

Keya Totoro Forest

A leafy camellia tunnel that feels like a tiny step into a Ghibli scene The short uphill walk takes about 10 minutes and ends at an ocean viewpoint behind the cave.

BOOK THIS STOP >



STOP 6 / 5:30 PM

Sakurai Futamigaura: Itoshima Couple Stones

An iconic white torii standing in the sea before two sacred rocks creates one of Itoshima's most striking coastal views! We had the entire beach to ourselves....

BOOK THIS STOP >

EXTEND YOUR TRIP

Have more time?

Consider these stops.

OTHER ITINERARY LENGTHS: 2 days in Fukuoka - 3 days in Fukuoka - 4 days in Fukuoka



DAZAIFU - TENJIN - HAKATA

Kyushu National Museum Admission in Fukuoka

Admission to the Kyushu National Museum's permanent Cultural Exchange Exhibition in Dazaifu.

BOOK NOW >



DAZAIFU - TENJIN - HAKATA

Fukuoka: Kyushu National Museum Entry Ticket

An entry ticket for the Kyushu National Museum and its Cultural Exchange Exhibition Hall.

BOOK NOW >



DAZAIFU - TENJIN - HAKATA

Fukuoka Customized Private Full-Day Guided Tour

A licensed private walking tour with selectable stops including Fukuoka Castle, Ohori Park, Dazaifu Tenmangu, Kyushu National Museum, Kushida Shrine, Tochoji, Fukuoka Tower, and the yatai.

BOOK NOW >



UMINONAKAMICHI

Uminonakamichi Marine World Admission Ticket in...

Admission to Marine World Uminonakamichi, including its Kyushu marine exhibits and seaside dolphin and sea lion show.

BOOK NOW >

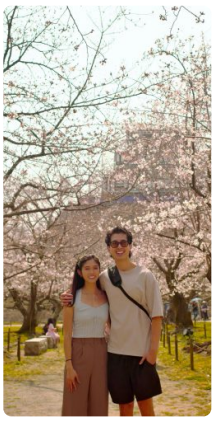


MAIZURU PARK - MOMOCHI - HAKATA

Private Fukuoka Tour with a Local, Highlights & Hidden...

A highly reviewed private Fukuoka highlights tour with Fukuoka Castle Ruins among its published route options.

BOOK NOW >



MAIZURU PARK - MOMOCHI - HAKATA

Fukuoka: Fukuoka Castle and Ohori Park Guided Tour

A three-hour private guided tour covering Ohori Park, its Japanese garden, and Fukuoka Castle Ruins.

BOOK NOW >

EXTEND YOUR TRIP

Have more time?

More bookable ideas for extending your trip.



MAIZURU PARK - MOMOCHI - HAKATA

Fukuoka Customised Private Tour in 1 Day with Licensed...

A customizable private tour whose example route includes Ohori Park, Fukuoka Castle Ruins, Fukuoka Tower, and Dazaifu.

BOOK NOW >

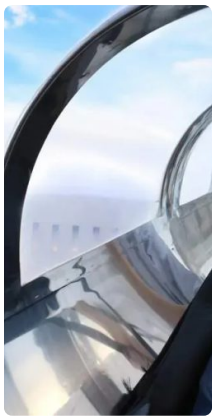


MAIZURU PARK - MOMOCHI - HAKATA

teamLab Forest Fukuoka Ticket

Admission to teamLab Forest's interactive Catching and Collecting Forest and Athletics Forest inside BOSS E - ZO FUKUOKA.

BOOK NOW >



MAIZURU PARK - MOMOCHI - HAKATA

BOSS E ZO FUKUOKA Amusement Facility Ticket in...

Choose among BOSS E - ZO FUKUOKA attractions including the rooftop SUBE-ZO slide, V-World VR, baseball experiences, and Sanrio Dream!ng Park.

BOOK NOW >



MAIZURU PARK - MOMOCHI - HAKATA

Fukuoka Tower Admission Ticket

Direct admission to Fukuoka Tower and its observation deck above Hakata Bay.

BOOK NOW >



MAIZURU PARK - MOMOCHI - HAKATA

From Fukuoka Kyushu Itoshima Hidden Gems Day...

A full-day route through Shiraito Falls, Sennyoji Temple, Totoro Forest, Sakurai Futamigaura, and Fukuoka Tower.

BOOK NOW >



MAIZURU PARK - MOMOCHI - HAKATA

Historical Hakata Tour

A guided historical walk through Jotenji and Tochoji, including Fukuoka's giant seated wooden Buddha.

BOOK NOW >